



# On Pointe



## Dance History Unit Studies

**Anna Pavlova** was ballet's first superstar. Her tours in the United States and around the world popularized ballet.

Born in 1881, she was a principal artist first of the Imperial Russian Ballet and then of Ballet Russes before forming her own company. She died in 1931.

She is credited with inventing the modern pointe shoe. Her most famous role was *The Dying Swan*.

*On Pointe, the CSD Dance History Unit Studies* is a regular feature of the Claire School of Dance curriculum, providing students and parents the context for the appreciation of dance in all its forms.



### Classroom Activities

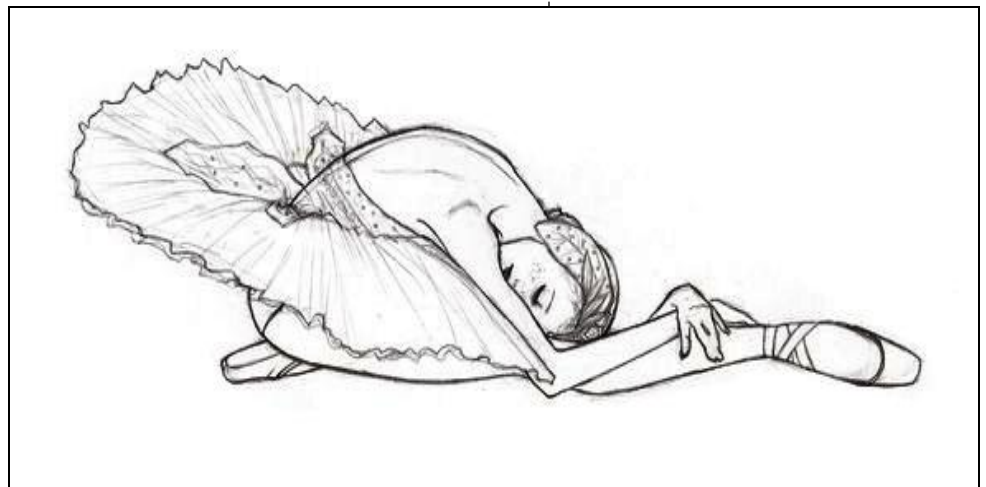
- Light/heavy with feathers
- Free dance to *The Dying Swan*
- Examine a pointe shoe

You can see Anna Pavlova perform her famous "Dying Swan" here:

<https://www.youtube.com/watch?v=QMEBFhVMZpU>

You can see a more recent version here:

[https://www.youtube.com/watch?v=AQKF\\_eVvvtY](https://www.youtube.com/watch?v=AQKF_eVvvtY)



Coloring page of *The Dying Swan*